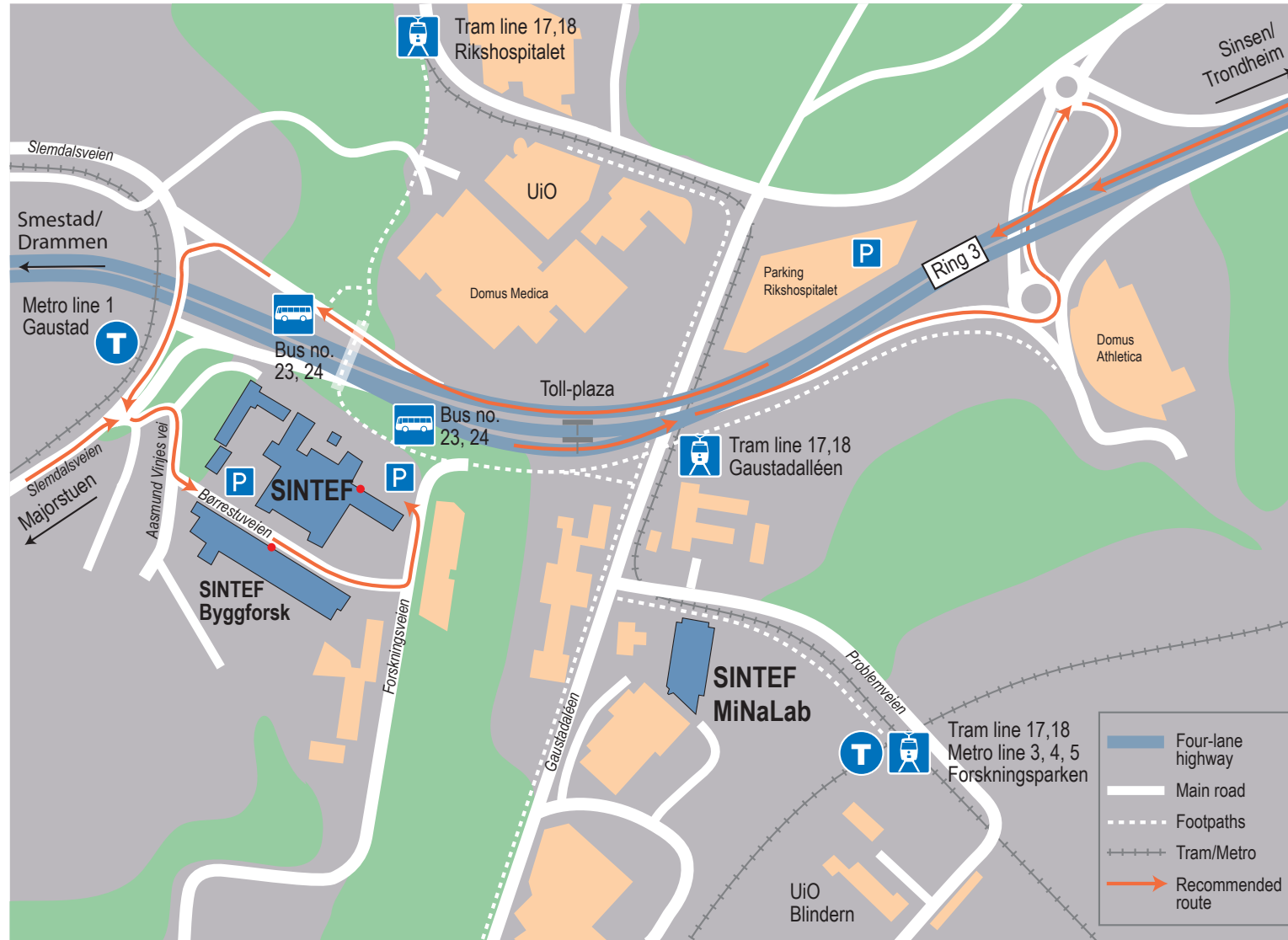


How to get to SINTEF in Oslo:

If you wish more detailed instructions, please contact Reception at SINTEF in Oslo: tel. +47 22 067911



■ **From Gardermoen by Airport Bus:**
Take the NOR-WAY Express Airport Bus for Bekkestua (B28) to Gaustad/Rikshospitalet (about 45 min.). Cross the footbridge over Ring 3, which brings you right to SINTEF. Express Airport Bus departures are every 15 minutes during rush-hours and in the evening.

■ **From Gardermoen or Trondheim by car:**
Take the E6 to Oslo. Join the right-hand lane after the toll-station at Alnabru (Sign: Göteborg/Stockholm/Ring 3). Keep to the right and follow the signs for Ring 3 to Smestad. Stay on Ring 3 past Ullevål Stadion, Sogn and the toll-plaza at Gaustad. Take the exit for Vinderen/Forskningssentrene. Follow the signs to the left over the Ring Road to Vinderen. After about 30 metres on Slemdalsveien, follow the signs to Forskningssentrene. The road goes round the SINTEF building. There are parking places at the front of the building just by the Ringveien.

■ **From Gardermoen with the Airport Train:**
The Airport Train runs from Gardermoen to Oslo Sentralstasjon. Departures for Asker also stop at Nationaltheatret. Continue from the centre of Oslo with the Metro (T-bane), tram or bus. Airport Train Departures are every 10 minutes. Timetables can be found on www.flytoget.no

■ **From downtown Oslo by public transport:**
From Jernbanetorget, Stortinget or Nationaltheatret take Metro (T-bane) line 1 Frognerseteren/Holmenkollen to Gaustad. Outside the rush hour and in the summer, take the Metro for Østerås, Sognsvann, Kolsås or Storo to Majorstuen. Change to the Frognerseteren/Holmenkollen line, getting off at Gaustad. Cross Slemdalsveien, and follow the footpath along the Ringveien eastwards for about 100 m, when you will see SINTEF's main building on your right. Take tram line 17 or 18 from the centre of Oslo to Rikshospitalet. Turn off to the left when you reach the Rikshospital. Cross the footbridge over Ring 3, which brings you straight to SINTEF. Timetables can be found at: www.trafikanten.no.

■ **From Drammen by car:**
Exit the E18 at Lysaker to Ring 3 north-east for Sinsen, Gardermoen and Trondheim. Pass the Gaustad toll-plaza, keep to the far right and follow the sign for Rikshospitalet and Vinderen at the first roundabout. Exit the next roundabout to the right to enter Ring 3 again and follow this past the Gaustad toll-plaza. After about 100 metres, follow the signs for Vinderen and Forskningssentrene. Follow the sign for Vinderen on the left across the Ringveien. After about 30 metres on Slemdalsveien, follow the signs for Forskningssentrene. This road goes round the SINTEF building. There are parking places at the front of the building just by the Ringveien.

■ **From Oslo city centre by car:**
Follow the signs for Majorstuen and take Slemdalsveien on the east side of the Majorstuen Metro (T-bane) station, past Vinderen and almost to Ring 3. At the Gaustad Metro Station, follow the signs for Forskningssentrene. There are parking places at the front of the building just by the Ringveien.

■ **With the east-west bus on Ring 3:**
Take bus no. 23: Lysaker - Simensbråten, or no. 24: Fornebu - Bjørndal (rush-hour route) to the Gaustad bus stop on Ring 3. If you are coming from the east, cross the footbridge over Ring 3 to the SINTEF building. Timetables can be found on the Internet, at: www.trafikanten.no